



STATE OF DELAWARE  
EXECUTIVE DEPARTMENT  
OFFICE OF MANAGEMENT & BUDGET

December 12, 2008

Dear State of Delaware Employee or Pensioner:

We are writing today to share information with you about how to **save money when having a prescription filled**. Did you know that you can order up to a 90-day supply of a covered, long-term medication at a retail pharmacy that participates in the maintenance network, or through Medco by Mail, and you will pay only two times your 30-day retail co-payment? With a 90-day supply, you will not have to order medications as often—and, if you use Medco By Mail, your orders will be delivered to you. Standard shipping is free.

**Directions for first time users:**

- The first time that you are prescribed a long-term medication you must try it initially in a 30-day supply to be sure it is right for you. (Long-term medications are those taken for more than 3 months.)
- Ask your doctor for a 30-day prescription and a 90-day prescription. *Note: Some medications, such as certain controlled substances or medications that are prepackaged by the manufacturer, are not available in a 90-day supply and any current quantity or plan limits remain in effect.*

**Directions for those currently taking long-term medications:**

- Ask your doctor for a prescription for up to a 90-day supply of each covered, long-term drug you use, with refills for up to 1 year (if appropriate).

**Have each prescription filled one of these easy ways:**

- 1) Mail the prescription, a completed Medco By Mail order form (available at [www.ben.omb.delaware.gov/script/documents/medco/Medco\\_by\\_Mail\\_Ord\\_Form.pdf](http://www.ben.omb.delaware.gov/script/documents/medco/Medco_by_Mail_Ord_Form.pdf)) and payment to Medco By Mail.
- 2) Ask your doctor to fax the prescription to Medco by calling 1-888-327-9791 for instructions. (Only your doctor can fax prescriptions.)
- 3) Bring your prescription to a retail pharmacy that participates in the 90-day provider network. (Visit the [www.ben.omb.delaware.gov/script](http://www.ben.omb.delaware.gov/script) for a list of pharmacies that fill 90-day prescriptions.)

For more information, call Medco's Member Services at 1-800-939-2142 or the Statewide Benefits Office at 302-739-8331 or 1-800-489-8933.

Sincerely,

Brenda L. Lakeman  
Director, Statewide Benefits Office

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Acting Director, Office of Management and Budget



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